



Seaside Special Open Meet 2026

Under SE Laws & SE Technical Rules

LEVEL 3 License No

(For entry into Regional and County Championships)

Friday 10th to Sunday 12th JULY 2026

East Riding Leisure Bridlington YO15 2QQ

25m, 6 Lane Pool with Anti-Wave Ropes

Large Scoreboard with Colorado Electronic Timing and Backstroke Ledges

9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs +

Ages as of Midnight 12th JULY 2026

50m, 100m, 200m, 400m, 800m and 1500m Freestyle

50m, 100m & 200m Backstroke, Breaststroke and Butterfly

100m, 200m & 400m Individual Medley.

50m and 100m events will be **A/B/C** Graded

Girls and Open/Boys Team Canons

All events are heat declared winners

Medals 1st – 3rd in each age group and grade

Placing Medals 4th – 6th ages 9yrs-12yrs all grades

Speeding Medals for times faster than the cut offs for entered grade

Cash Prizes for Girls and Open/Boys Freestyle Team Canons

Girls' - 1st Place £120, 2nd Place £90, 3rd Place £60, 4th to 6th Place £30

Open/Boys - 1st Place £120, 2nd Place £90, 3rd Place £60, 4th to 6th Place £30

Individual entries up to 400m: **£7.00**

800/1500m entries: **£13.00**

Canon Team entries: **£25.00**

Coaches & Poolside Passes: £25.00 each including Buffet Lunch Sat / Sun

Spectator Tickets: £6 per Morning or Afternoon Session

(Present a Valid Morning Band for £2 Afternoon Session Discount)

Poolside passes must be purchased with the entries

Spectator tickets to be purchased on the day (first come first served)

Entries to be submitted on-line via www.OpenMeets.co.uk

Entries open 10.00am 25th April 2026 and close Midnight 26th JUNE 2026

or when the Meet is full

For further information please contact Promoter: Hayley Gee via

www.bridswimclub.co.uk/seaside.htm or email secretary@bridswimclub.co.uk



Promoters Conditions

- 1) The meet shall be run under SE Laws and SE technical rules of swimming.
- 2) The Referee's decision is final at all times.
- 3) No secondary strobe is available for this meet.
- 4) All entries to be submitted by each affiliated club's Competition Secretary on-line via www.OpenMeets.co.uk
No paper or Email entries will be accepted.
- 5) All competitors must be registered with Swim England and have Club Compete membership.
- 6) Swimmers must not have swum faster than the cut-off times in the 12 months preceding entry.
- 7) Entry times are to be short course times or converted long course times.
- 8) Swimmer's age group is as at Midnight, 12th July 2026.
- 9) Poolside or late entries may be accepted at the discretion of the Promoter.
- 10) Integrated heats will be seeded and spearheaded according to entry times.
- 11) All events will be swum as heat declared winner.
- 12) Separate events for open, males and females may be combined, at the Promoter's discretion. **400 IM, 400, 800m and 1500m Freestyle events** are swum as combined open/boys'/girls' events.
- 13) Over the top starts will be used at the discretion of the Lead Referee and Meet Management.
- 14) Competitors must report to their Team Manager on arrival.
- 15) Team Managers must return their Check-in Sheets within **10 minutes of the start warm-up.**
- 16) Start Lists with heat/lane assignments will be issued. It is the Team Managers responsibility to ensure their swimmers go to the staging area on time.
- 17) All swimmers must report to the staging area two events before their heat or, if they are in the first event of the session, five minutes before the published start time.
- 18) Awards will be given to the fastest **three** swimmers in each event for each grade in all age groups. Placing MEDALS will be issued to 4th- 6th place in ages 9-12yrs. Speeding Medals will be issued to swimmers swimming faster than their entered grade.
- 19) Swimmers can collect awards from the trophy table after their event results have been published.
- 20) Entry fees are **£7.00 per individual event** up to and including 400m events. **Entry fees are £13.00 per distance event** (800m and 1500m Freestyle). Entry forms submitted **by individuals / families will incur a non-refundable £1 administration fee.**
- 21) Coaches Passes cost **£25.00** and includes admissions to all sessions, a program, a buffet lunch with refreshments Saturday & Sunday and results via web.
- 22) Admission for spectators will be: £6.00 per morning or afternoon session. **Present a valid morning band for £2 afternoon session discount.**
- 23) All spectator tickets to be purchased on the day of the event. Tickets are limited and sold on a '**first come, first served**' basis. There will be no entry to the spectator balcony without a valid ticket.
- 24) Spectators are required to vacate the viewing gallery after each session and to take their belongings with them.
- 25) Entries open: 10.00am 28th March 2026 and close 26th June 2026 or **when meet is full.**
- 26) Entries will be accepted on a 'first come, first served' basis.
- 27) **Strictly no refunds for entries withdrawn or scratched after entries close.**



- 28) Any queries regarding entries should be emailed to entrymanagement@openmeets.co.uk
- 29) Meet participants must observe the safety precautions and wear footwear when leaving poolside.
- 30) It is incumbent on all Volunteers, Officials, Team Managers, Coaches, Swimmers, Parents, and Spectators, to be aware of and have a clear understanding of their obligations to follow all Swim England and club guidance, policies, and procedures. In particular the "Swim England Photography Guidance" section of Swim England Wavepower Documentation.**
- 31) As per Swim England's Wavepower, mobile phones and devices must not be used or on display in the changing rooms. Any person found to be contravening this policy may be asked to leave the gala without a refund.**
- 32) Flash photography is prohibited at all times, and absolutely no photographs, or video recordings are permitted poolside.**
- 33) It is the clubs' Team Manager's and Coach's responsibility to monitor their swimmers use of mobile phones on poolside.**
- 34) If Bridlington Swimming Club cancels the meet for any reason whatsoever, clubs will be contacted and full refunds for entry fees only will be arranged. Bridlington Swimming Club will not be liable for any other expenses regardless of whoever and howsoever incurred.
- 35) The Promotor recommends that no travel or accommodation arrangements are confirmed until your club receives formal confirmation of entries.
- 36) No refunds will be given if a competing club or swimmer does not attend, and the meet has not been cancelled by Bridlington Swimming Club.



Officials

We would like each club to provide at least one official. If you have someone qualified or working towards a qualification and are willing to officiate at our meet, please could you fill in the form below and email it to racesec@bridswimclub.co.uk Lunch and refreshments will be provided.

| Name | Contact No. | Email | Qualification | Sessions Available |
|------|-------------|-------|---------------|--------------------|
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VOLUNTEER
all that's missing is U!



Freestyle Canon Conditions

1. Final teams and team order must be confirmed two weeks prior to the start date of the meet. A total team Canon time must be given on the entry form
2. Clubs can only enter one team for the Girls Freestyle Canon and one team for the Open/Boys Freestyle Canon. (*Clubs may enter extra teams at the discretion of the Promoter.*)
3. Only two heats of each Canon (Girls & Open/Boys) will be swum. This is on a first come, first served basis. The fastest three teams from both heats will be declared the winners.
4. **The cost per team entry is £25**

Open/Boys Freestyle Canon

1. This is a 6 x 50 Freestyle Event
2. Each team must consist of the following age groups:
 - 1 Swimmer (Open/Boy) 10 Years & Under
 - 1 Swimmer (Open/Boy) 11 Years & Under
 - 1 Swimmer (Open/Boy) 12 Years & Under
 - 1 Swimmer (Open/Boy) 13 Years & Under
 - 1 Swimmer (Open/Boy) 14 Years & Under
 - 1 Swimmer (Open/Boy) 14 Years and Over
3. Teams can decide what order they swim their age group swimmers. The swim order must be confirmed two weeks before the start date of the meet (26th JUNE 2026)

Girls Freestyle Canon

This is a 6 x 50 Medley Relay Event
Each team must consist of the following age groups:

- 1 Swimmer (Girl) 10 Years & Under
- 1 Swimmer (Girl) 11 Years & Under
- 1 Swimmer (Girl) 12 Years & Under
- 1 Swimmer (Girl) 13 Years & Under
- 1 Swimmer (Girl) 14 Years & Under
- 1 Swimmer (Girl) 14 Years and Over

1. Teams can decide what order they swim their age group swimmers. The swim order must be confirmed two weeks before the start date of the meet (26th JUNE 2026)

Cash Prizes for Freestyle Canon

Open/Boys – 1st Place £120, 2nd Place £90, 3rd Place £60, 4th – 6th Place £30
Girls – 1st Place £120, 2nd Place £90, 3rd Place £60, 4th – 6th Place £30



Schedule of Events

Friday Evening – Session 1

Warm-up: 6.00pm, First heat: 6:30pm

| | |
|-----|------------------------------------|
| 101 | Girls/ Open/Boys – 800m Freestyle |
| | |
| 102 | Girls/ Open/Boys – 1500m Freestyle |
| | |

Saturday Morning – Session 2

Warm-up: 7.45am, First heat: 9:00am

| | |
|-----|------------------------------------|
| 201 | Girls / Open/Boys – 400m Freestyle |
| 202 | Open/Boys – 200m Freestyle |
| 203 | Girls – 200m Butterfly |
| 204 | Open/Boys – 100m Breaststroke |
| 205 | Girls – 100m Breaststroke |
| 206 | Open/Boys – 200m Butterfly |
| 207 | Girls – 200m Freestyle |
| 208 | Open/Boys – 100m Individual Medley |

Saturday Afternoon – Session 3

Warm-up: 12:45pm, First heat: 2:00pm

| | |
|-----|--------------------------------|
| 301 | Open/Boys Freestyle Canon |
| 302 | Girls – 100m Freestyle |
| 303 | Open/Boys – 100m Butterfly |
| 304 | Girls – 200m Individual Medley |
| 305 | Open/Boys – 50m Freestyle |
| 306 | Girls – 50m Freestyle |
| 307 | Open/Boys – 200m Breaststroke |
| 308 | Girls – 200m Breaststroke |



Schedule of Events

Sunday Morning – Session 4

Warm-up: 7.45am, First heat: 9:00am

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|-----|--|
| 401 | Girls / Open/Boys --- 400m Individual Medley |
| 402 | Girls – 200m Backstroke |
| 403 | Open/Boys – 200m Backstroke |
| 404 | Girls – 100m Butterfly |
| 405 | Open/Boys – 100m Freestyle |
| 406 | Girls – 50m Backstroke |
| 407 | Open/Boys – 50m Backstroke |
| 408 | Girls – 100m Individual Medley |

Sunday Afternoon – Session 5

Warm-up: 12:45pm, First heat: 2:00pm

| | |
|-----|------------------------------------|
| 501 | Girls Freestyle Canon |
| 502 | Open/Boys – 100m Backstroke |
| 503 | Girls – 100m Backstroke |
| 504 | Open/Boys – 50m Breaststroke |
| 505 | Girls – 50m Breaststroke |
| 506 | Open/Boys – 200m Individual Medley |
| 507 | Girls – 50m Butterfly |
| 508 | Open/Boys – 50m Butterfly |



A GRADE
No Cut-offs

Open/Boys

| | 9 | 10 | 11 | 12 | 13 | 14 | 15+ |
|-------------------|-----------------|-----------------|------|------|------|------|------|
| 50m Freestyle | None | None | None | None | None | None | None |
| 100m Freestyle | None | None | None | None | None | None | None |
| 200m Freestyle | None | None | None | None | None | None | None |
| 400m Freestyle | None | None | None | None | None | None | None |
| 800m Freestyle | None | None | None | None | None | None | None |
| 1500m Freestyle | None | None | None | None | None | None | None |
| 50m Breaststroke | None | None | None | None | None | None | None |
| 100m Breaststroke | None | None | None | None | None | None | None |
| 200m Breaststroke | None | None | None | None | None | None | None |
| 50m Butterfly | None | None | None | None | None | None | None |
| 100m Butterfly | None | None | None | None | None | None | None |
| 200m Butterfly | None | None | None | None | None | None | None |
| 50m Backstroke | None | None | None | None | None | None | None |
| 100m Backstroke | None | None | None | None | None | None | None |
| 200m Backstroke | None | None | None | None | None | None | None |
| 100m IM | None | None | None | None | None | None | None |
| 200m IM | None | None | None | None | None | None | None |
| 400m IM | None | None | None | None | None | None | None |

Girls

| | 9 | 10 | 11 | 12 | 13 | 14 | 15+ |
|-------------------|-----------------|-----------------|------|------|------|------|------|
| 50m Freestyle | None | None | None | None | None | None | None |
| 100m Freestyle | None | None | None | None | None | None | None |
| 200m Freestyle | None | None | None | None | None | None | None |
| 400m Freestyle | None | None | None | None | None | None | None |
| 800m Freestyle | None | None | None | None | None | None | None |
| 1500m Freestyle | None | None | None | None | None | None | None |
| 50m Breaststroke | None | None | None | None | None | None | None |
| 100m Breaststroke | None | None | None | None | None | None | None |
| 200m Breaststroke | None | None | None | None | None | None | None |
| 50m Butterfly | None | None | None | None | None | None | None |
| 100m Butterfly | None | None | None | None | None | None | None |
| 200m Butterfly | None | None | None | None | None | None | None |
| 50m Backstroke | None | None | None | None | None | None | None |
| 100m Backstroke | None | None | None | None | None | None | None |
| 200m Backstroke | None | None | None | None | None | None | None |
| 100m IM | None | None | None | None | None | None | None |
| 200m IM | None | None | None | None | None | None | None |
| 400m IM | None | None | None | None | None | None | None |



B GRADE
Cut-offs (not faster than)

Open/Boys

| | 9 | 10 | 11 | 12 | 13 | 14 | 15+ |
|-------------------|----------|-----------|-----------|-----------|-----------|-----------|------------|
| 50m Freestyle | None | 39.14 | 36.20 | 34.00 | 32.50 | 31.30 | 30.00 |
| 100m Freestyle | None | 1:30.30 | 1:23.40 | 1:16.40 | 1:10.50 | 1:07.20 | 1:03.90 |
| 50m Breaststroke | None | 50.30 | 46.90 | 43.40 | 40.60 | 38.80 | 37.00 |
| 100m Breaststroke | None | 1:56.30 | 1:45.80 | 1:37.00 | 1:29.90 | 1:24.80 | 1:21.00 |
| 50m Butterfly | None | 43.90 | 40.40 | 37.50 | 35.70 | 34.00 | 32.50 |
| 100m Butterfly | None | 1:43.40 | 1:33.70 | 1:26.20 | 1:19.20 | 1:14.80 | 1:11.00 |
| 50m Backstroke | None | 46.20 | 42.00 | 39.20 | 37.10 | 35.70 | 33.10 |
| 100m Backstroke | None | 1:42.80 | 1:33.50 | 1:26.10 | 1:19.90 | 1:14.90 | 1:11.50 |
| 100m IM | None | 1:39.70 | 1:33.00 | 1:27.00 | 1:21.60 | 1:18.00 | 1:14.50 |

Girls

| | 9 | 10 | 11 | 12 | 13 | 14 | 15+ |
|-------------------|----------|-----------|-----------|-----------|-----------|-----------|------------|
| 50m Freestyle | None | 39.60 | 36.50 | 35.10 | 34.10 | 33.10 | 32.40 |
| 100m Freestyle | None | 1:30.50 | 1:23.10 | 1:16.90 | 1:13.80 | 1:12.00 | 1:10.80 |
| 50m Breaststroke | None | 51.30 | 47.00 | 44.50 | 42.90 | 41.70 | 40.80 |
| 100m Breaststroke | None | 1:54.30 | 1:44.50 | 1:37.50 | 1:33.80 | 1:28.80 | 1:26.50 |
| 50m Butterfly | None | 44.00 | 40.40 | 38.70 | 37.00 | 36.20 | 35.30 |
| 100m Butterfly | None | 1:42.00 | 1:33.00 | 1:28.70 | 1:22.30 | 1:18.20 | 1:15.70 |
| 50m Backstroke | None | 45.20 | 41.20 | 39.80 | 38.30 | 37.80 | 37.40 |
| 100m Backstroke | None | 1:40.00 | 1:32.00 | 1:27.10 | 1:22.50 | 1:18.50 | 1:16.60 |
| 100m IM | None | 1:40.80 | 1:32.10 | 1:28.10 | 1:25.20 | 1:23.50 | 1:20.60 |



C GRADE
Cut-offs (not faster than)

Open/Boys

| | 9 | 10 | 11 | 12 | 13 | 14 | 15+ |
|-------------------|------|---------|---------|---------|---------|---------|---------|
| 50m Freestyle | None | 43.80 | 40.60 | 38.00 | 36.60 | 35.00 | 33.60 |
| 100m Freestyle | None | 1:44.00 | 1:35.00 | 1:26.00 | 1:17.50 | 1:13.00 | 1:09.00 |
| 50m Breaststroke | None | 56.60 | 52.60 | 48.70 | 45.50 | 43.50 | 41.50 |
| 100m Breaststroke | None | 2:13.00 | 1:59.00 | 1:50.50 | 1:40.00 | 1:33.50 | 1:29.00 |
| 50m Butterfly | None | 49.50 | 45.50 | 42.40 | 40.50 | 38.00 | 36.60 |
| 100m Butterfly | None | 2:00.00 | 1:46.50 | 1:37.50 | 1:29.10 | 1:23.50 | 1:19.00 |
| 50m Backstroke | None | 52.00 | 47.00 | 44.10 | 41.40 | 40.00 | 37.00 |
| 100m Backstroke | None | 1:58.50 | 1:47.50 | 1:38.50 | 1:28.50 | 1:22.50 | 1:18.00 |
| 100m IM | None | 1:52.00 | 1:44.50 | 1:37.00 | 1:31.80 | 1:27.80 | 1:23.00 |

Girls

| | 9 | 10 | 11 | 12 | 13 | 14 | 15+ |
|-------------------|------|---------|---------|---------|---------|---------|---------|
| 50m Freestyle | None | 44.60 | 41.00 | 39.50 | 38.50 | 37.00 | 36.00 |
| 100m Freestyle | None | 1:41.00 | 1:31.00 | 1:26.00 | 1:21.00 | 1:18.00 | 1:14.50 |
| 50m Breaststroke | None | 57.70 | 52.70 | 50.00 | 48.10 | 46.80 | 45.70 |
| 100m Breaststroke | None | 2:08.00 | 1:59.00 | 1:52.00 | 1:47.00 | 1:41.00 | 1:36.50 |
| 50m Butterfly | None | 49.50 | 45.50 | 43.50 | 41.60 | 40.70 | 39.80 |
| 100m Butterfly | None | 1:55.00 | 1:46.00 | 1:39.50 | 1:31.50 | 1:27.00 | 1:20.50 |
| 50m Backstroke | None | 50.70 | 46.00 | 44.60 | 43.00 | 42.60 | 41.90 |
| 100m Backstroke | None | 1:56.00 | 1:44.00 | 1:38.00 | 1:32.50 | 1:25.00 | 1:20.00 |
| 100m IM | None | 1:53.40 | 1:43.50 | 1:38.00 | 1:35.00 | 1:33.50 | 1:30.00 |



Make A Difference



Swim England
Affiliated Club

EAST RIDING

LEISURE